A travel to Thrissur District of Kerala will give you a sense of how big is the devastation and the rebuilding challenge. Around 42 villages were fully submerged in Kerala floods in the district.

In an effort to help flood victims, CASA along with actalliance chose and packed all the relief material based on the recommendations of the affected communities in the flood-ravaged district. Essential materials like sanitary napkins to antiseptics are helping them immensely fight post flood conditions.

**Hygiene Kit/Dignity Kit**
- Bedsheets
- Blanket
- Cotton Saree
- Cotton Dhoti
- Mosquito net

**Utensil Set**
- Plastic mat

**Food items**
Beneficiaries collecting relief materials that includes buckets, mugs, utensil sets, groundsheet and bedsheets at a CASA Distribution programme in Thrissur district.

Every hygiene kit contains packs of sanitary napkins, soaps, antiseptic liquid, pack of undergarments, toothpaste, toothbrush, cotton roll, hand towel, comb, nail cutter, washing powder.